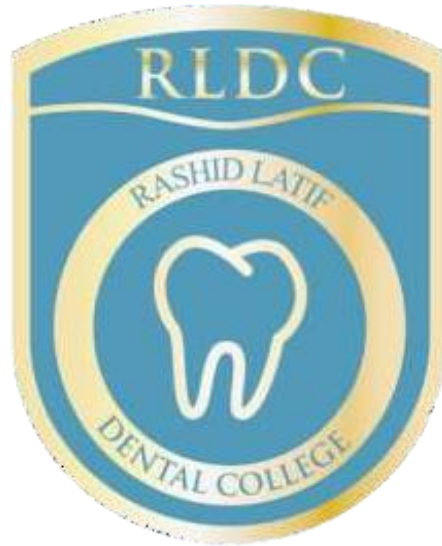




**Rashid Latif Dental College**  
**Department of Oral & Maxillofacial Surgery**  
**Final Year BDS**  
**Study Guide**



## RASHID LATIF DENTAL COLLEGE

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## **RASHID LATIF DENTAL COLLEGE**

### **Mission & Vision**

#### **MISSION:**

To educate dental students with the knowledge, clinical skills, and professional values required to address oral health needs while fostering ethical and patient-centered practice.

#### **VISION:**

To prepare competent dental professionals through hands-on clinical training, structured teaching standards, and ethical patient care.



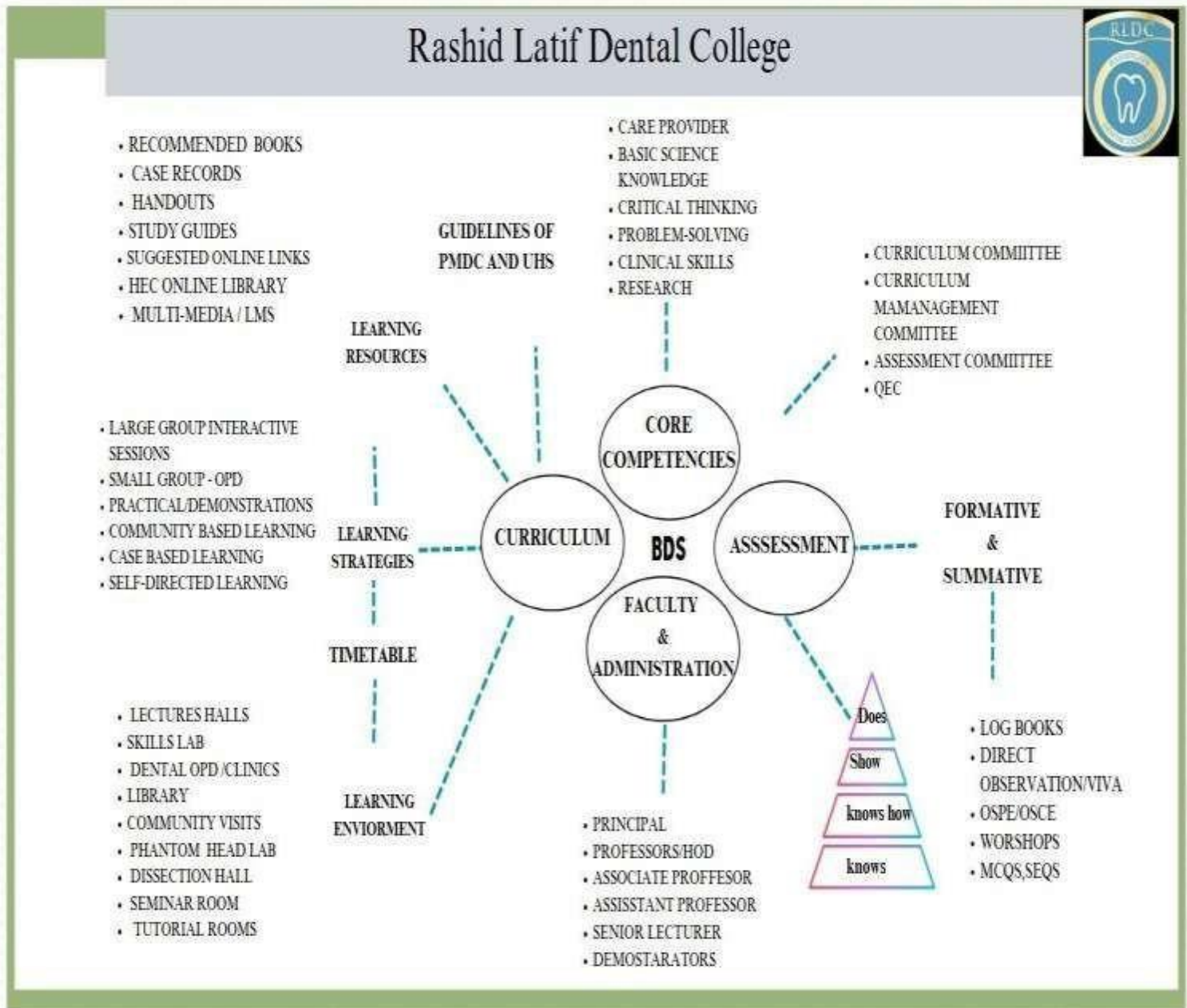
## RASHID LATIF DENTAL COLLEGE

### CURRICULUM DETAILS CURRICULAR FRAMEWORK (PMDC)

| <b>BDS</b>                                      |                                         |                                                          |                                              |
|-------------------------------------------------|-----------------------------------------|----------------------------------------------------------|----------------------------------------------|
| <b>Basic Dental Sciences / Preclinical Year</b> |                                         | <b>Clinical Dental Sciences / Clinical Years</b>         |                                              |
| <b>1<sup>st</sup> Professional Year</b>         | <b>2<sup>nd</sup> Professional Year</b> | <b>3<sup>rd</sup> Professional Year</b>                  | <b>4<sup>th</sup> Professional Year</b>      |
| <b>Integrated<br/>2k26</b>                      | <b>Integrated<br/>2k25</b>              | <b>General Medicine</b>                                  | <b>Operative Dentistry</b>                   |
|                                                 |                                         | <b>General Surgery</b>                                   | <b>Prosthodontics</b>                        |
|                                                 |                                         | <b>Oral Pathology</b>                                    | <b>Orthodontics</b>                          |
|                                                 |                                         | <b>Oral Medicine</b>                                     | <b>Oral &amp; Maxillofacial<br/>Surgery</b>  |
|                                                 |                                         | <b>Periodontology</b>                                    | <b>Pediatric Dentistry</b>                   |
|                                                 |                                         | <b>Clinical Operative</b>                                | <b>General Education<br/>(Research, ICT)</b> |
|                                                 |                                         | <b>Clinical Prosthodontics</b>                           |                                              |
|                                                 |                                         | <b>Clinical Oral &amp; Maxillofacial<br/>Surgery</b>     |                                              |
|                                                 |                                         | <b>General Education<br/>(Research, Humanities, ICT)</b> |                                              |
| <b>1200 hours</b>                               | <b>1200 hours</b>                       | <b>1200 hours</b>                                        | <b>1200 hours</b>                            |



**BDS CURRICULUM**





## RASHID LATIF DENTAL COLLEGE

### ACADEMIC & ASSESSMENT FRAMEWORK OF RLDC

| Academic Year        | PMDC Credit Hours | Educational strategies                                                                                                                        | Learning Outcomes | Assessment                                          | Yearly Session                                                                                                                                                 |         |         | Sendup                  | UHS Professional Examination | Internal Assessment 20%                                                                               |
|----------------------|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-----------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|-------------------------|------------------------------|-------------------------------------------------------------------------------------------------------|
|                      |                   |                                                                                                                                               |                   |                                                     | Block 1                                                                                                                                                        | Block 2 | Block 3 |                         |                              |                                                                                                       |
| 1 <sup>st</sup> Year | 1200              | <ul style="list-style-type: none"><li>• CBL</li><li>• Assignments</li><li>• Chairside Teachings</li><li>• Practical's</li><li>• SDL</li></ul> | Knowledge         | Cognitive:<br>MCQ, SEQ, VIVA                        | Anatomy +Physiology+ Oral Biology+ Biochemistry+ Islamic/Pak Studies+ Research                                                                                 |         |         | MCQ+SEQ, OSPE/OSCE+VIVA | MCQ+SEQ, OSPE/OSCE+VIVA      | Continuous Assessment<br>(Class Test+ Mock Exams, Assignments+ Attitudes)<br>Block Result+ Attendance |
| 2 <sup>nd</sup> Year |                   |                                                                                                                                               | Competence        | Psychomotor<br>OSPE<br>OSCE<br>Practical<br>Logbook | Dental Materials+ Pharmacology+ General Pathology+ Community Dentistry+ Behavior Sciences+ Pre Operative +Pre Prosthetics+ Research                            |         |         |                         |                              |                                                                                                       |
| 3 <sup>rd</sup> Year |                   |                                                                                                                                               | Behavior          | Affective:<br>OSCE<br>Viva<br>Logbook               | Oral Pathology+ Oral Medicine+ Periodontology+ General Medicine+ General Surgery+ Research Operative Dentistry+ Prosthodontics+ Oral and Maxillofacial Surgery |         |         |                         |                              |                                                                                                       |
| Final Year           |                   |                                                                                                                                               |                   |                                                     | Operative Dentistry+ Prosthodontics+ Oral and Maxillofacial Surgery+ Orthodontics+ Research                                                                    |         |         |                         |                              |                                                                                                       |

Timetable= Course Duration:4 years

Timings: 8:00am to 3:00pm

Venue: Lecture Halls, Dental Clinics, Clinical Wards, Phantom Heads.

Learning Resources: Text Books, Study Models, Case Records, Histology Sleds, Dental Materials and Dental Instruments, Study Guide, Google Classes.



# RASHID LATIF DENTAL COLLEGE

## PROPOSED TIMETABLE FOR Final YEAR BDS

| DAY/ TIME | Final Year BDS                     |                                    |                                  |                          |                 |                 |                        | Week                               |
|-----------|------------------------------------|------------------------------------|----------------------------------|--------------------------|-----------------|-----------------|------------------------|------------------------------------|
|           | 08:00am-09:00am                    | 09:00am-10:00am                    | 10:00am-10:15am                  | 10:15am-11:30am          | 11:30am-12:30pm | 12:30pm-01:30pm | 01:30pm-02:30pm        | 02:30pm-03:00pm                    |
| MONDAY    | <u>Test</u>                        | <u>Key Discuss</u>                 | <b>B<br/>R<br/>E<br/>A<br/>K</b> | <b>10:15-03:00pm</b>     |                 |                 |                        |                                    |
|           |                                    |                                    |                                  | Dental Clinical Rotation |                 |                 |                        |                                    |
| TUESDAY   | <u>Lecture Orthodontics</u>        | <u>Lecture Prosthodontics</u>      |                                  | <b>10:15am-03:00pm</b>   |                 |                 |                        |                                    |
|           |                                    |                                    |                                  | Dental Clinical Rotation |                 |                 |                        |                                    |
| WEDNESDAY | <u>Lecture Operative Dentistry</u> | <u>Lecture Oral Surgery</u>        |                                  | <b>10:15am-01:30pm</b>   |                 |                 |                        | <b>01:30pm-03:00pm</b>             |
|           |                                    |                                    |                                  | Dental Clinical Rotation |                 |                 |                        | <u>Lecture Research Activity</u>   |
| THURSDAY  | <u>Lecture Prosthodontics</u>      | <u>Lecture Orthodontics</u>        |                                  | <b>10:15am-01:30pm</b>   |                 |                 |                        | <b>01:30pm-03:00pm</b>             |
|           |                                    |                                    |                                  | Dental Clinical Rotation |                 |                 |                        | <u>Lecture Pediatric Dentistry</u> |
|           | <b>08:00am-09:00am</b>             | <b>09:00am-10:00am</b>             |                                  | <b>10:15am-02:00pm</b>   |                 |                 | <b>02:00pm-02:30pm</b> | <b>02:30pm-03:00pm</b>             |
| FRIDAY    | <u>Lecture Oral Surgery</u>        | <u>Lecture Operative Dentistry</u> |                                  | Dental Clinical Rotation |                 |                 | Jumma Prayer Break     | Dental Clinical Rotation           |



## RASHID LATIF DENTAL COLLEGE

### FACULTY INVOLVED IN TEACHING FINAL YEAR BDS

| Department                                   | Designation          | Name of Faculty                                               |
|----------------------------------------------|----------------------|---------------------------------------------------------------|
| Prosthodontics                               | HOD                  | Prof. Dr. Asif Ali Shah                                       |
|                                              | Associate Professor  | Dr. Wasif Ali Khan                                            |
|                                              | Specialist Registrar | Dr. Misbah Noreen                                             |
|                                              | Demonstrators        | Dr. Ahsan Khalid<br>Dr. Sara Farzand Ali<br>Dr. Zainab Mehtab |
| Orthodontics                                 | Associate Professor  | Dr. Shabbir Hussain Shah                                      |
|                                              | Assistant Professor  | Dr. Isham Jawaid                                              |
|                                              | Specialist Registrar | Dr. Muhammad Fayyaz                                           |
|                                              | Demonstrators        | Dr. Mariam Tahir<br>Dr. Mamoon Sumair<br>Dr. Hajra Arham      |
| Oral and Maxillofacial Surgery               | HOD                  | Prof. Dr. Saadia Manzar                                       |
|                                              | Assistant Professor  | Dr. Minam Qureshi                                             |
|                                              |                      | Dr. Ahmad Abdul Haseeb                                        |
|                                              | Specialist Registrar | Dr. Bilal Basit                                               |
| Operative/Restorative/Conservative Dentistry | HOD                  | Prof. Dr. Hanna Abdul Majeed                                  |
|                                              | Assistant Professor  | Dr. Mahrukh Anwar                                             |
|                                              | Specialist Registrar | Dr. Qura Tul Ain Manzoor                                      |
|                                              | Demonstrators        | Dr. Huzaifa Munawar<br>Dr. Zahra Malik                        |
| Pediatric Dentistry                          | Associate Professor  | Dr. Anas Imran Arshad                                         |
|                                              | Assistant Professor  | Dr. Manahil Maqbool                                           |
|                                              | Demonstrators        | Dr. Anns Aftab<br>Dr. Zunaira Saqi                            |



# RASHID LATIF DENTAL COLLEGE

## Extracurricular, Co-Curricular & Holidays Calendar

| <div><h1>Rashid Latif Dental College</h1><p>Final Year BDS 'Academic Calendar' (Session 2025-2026)</p></div> |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|--------------------------|----|--------------------------|----|--------------------------|----------------------------------------------------------------|--|----------------|--|--------------------|--|------------------|--|--------|----|----|----|----|----|-------|-------|--|--|--|--|--|-------|--|--|--|--|--|--|
| Weeks                                                                                                                                                                                         |                            |                          |    |                          |    |                          | National Holidays & Vacations                                  |  |                |  |                    |  |                  |  |        |    |    |    |    |    | Weeks |       |  |  |  |  |  |       |  |  |  |  |  |  |
| Jan-26                                                                                                                                                                                        |                            |                          |    |                          |    |                          | Feb-05                                                         |  | Kashmir Day    |  | 25-26 June         |  | Youm-e-Ashura    |  | Jul-26 |    |    |    |    |    |       | Weeks |  |  |  |  |  |       |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        | 16-20 Mar                                                      |  | Spring Break   |  | 04 July-31 July    |  | Summer Vacations |  | M      | T  | W  | T  | F  | S  | S     | Weeks |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    | 1                        | 2  | 3                        | 4                                                              |  |                |  |                    |  |                  |  |        |    | 1  | 2  | 3  | 4  | 5     |       |  |  |  |  |  |       |  |  |  |  |  |  |
| 5                                                                                                                                                                                             | 6                          | 7                        | 8  | 9                        | 10 | 11                       |                                                                |  |                |  |                    |  |                  |  | 6      | 7  | 8  | 9  | 10 | 11 | 12    |       |  |  |  |  |  |       |  |  |  |  |  |  |
| 12                                                                                                                                                                                            | 13                         | 14                       | 15 | 16                       | 17 | 18                       |                                                                |  |                |  |                    |  |                  |  | 13     | 14 | 15 | 16 | 17 | 18 | 19    |       |  |  |  |  |  |       |  |  |  |  |  |  |
| 19                                                                                                                                                                                            | 20                         | 21                       | 22 | 23                       | 24 | 25                       |                                                                |  |                |  |                    |  |                  |  | 20     | 21 | 22 | 23 | 24 | 25 | 26    |       |  |  |  |  |  |       |  |  |  |  |  |  |
| 26                                                                                                                                                                                            | 27                         | 28                       | 29 | 30                       | 31 |                          |                                                                |  |                |  |                    |  |                  |  | 27     | 28 | 29 | 30 | 31 |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
| Weeks                                                                                                                                                                                         |                            |                          |    |                          |    |                          | May-28                                                         |  | Youm-e-Takbeer |  | 25 Dec 1st January |  | Winter Break     |  | Weeks  |    |    |    |    |    |       | Weeks |  |  |  |  |  |       |  |  |  |  |  |  |
| Feb-26                                                                                                                                                                                        |                            |                          |    |                          |    |                          | Session Commencement 11th May 2026                             |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        | Session End 1st Week of February 2027                          |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        | Block- Exam Schedule <th colspan="7">Weeks</th>                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 2                                                                                                                                                                                             | 3                          | 4                        | 5  | 6                        | 7  | 8                        | Block 1 : 11th May to 13th Aug 2026 <th colspan="7">Weeks</th> |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 9                                                                                                                                                                                             | 10                         | 11                       | 12 | 13                       | 14 | 15                       | Block 2 : 24th Aug to 06th Nov 2026 <th colspan="7">Weeks</th> |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 16                                                                                                                                                                                            | 17                         | 18                       | 19 | 20                       | 21 | 22                       | Block 3 : 23rd Nov to 12th Feb 2027 <th colspan="7">Weeks</th> |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 23                                                                                                                                                                                            | 24                         | 25                       | 26 | 27                       | 28 |                          | UHS Exam <th colspan="7">Weeks</th>                            |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    |                          | 1st Week of April 2027 <th colspan="7">Weeks</th>              |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    |                          | Test Schedule <th colspan="7">Weeks</th>                       |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Date                                                                                                                                                                                          |                            | Week #                   |    | Department               |    | Weeks                    |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
| Block-1<br>Class Test                                                                                                                                                                         | 11th May – 15th May 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 18th May – 22nd May 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 25th May – 29th May 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 01st June – 05th June 2026 |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 08th June – 12th June 2026 |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 15th June – 19th June 2026 |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 22nd June – 26th June 2026 |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 29th June – 3rd July 2026  |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 03rd Aug – 07th Aug 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 10th Aug – 13th Aug 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
| Block-1 Exam                                                                                                                                                                                  |                            |                          |    | 17th Aug – 21th Aug 2026 |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
| Block-2<br>Class Test                                                                                                                                                                         | 24th Aug – 28th Aug 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 31th Aug – 04th Sep 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 07th Sep – 11th Sep 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 14th Sep – 18th Sep 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 21th Sep – 25th Sep 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 28th Sep – 02nd Oct 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 05th Oct – 09th Oct 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 12th Oct – 16th Oct 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 19th Oct – 23rd Oct 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 26th Oct – 30th Oct 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
| Block-2 Exam                                                                                                                                                                                  |                            |                          |    | 10th Nov – 13th Nov 2026 |    | 16th Nov – 20th Nov 2026 |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
| Block-3<br>Class Test                                                                                                                                                                         | 23rd Nov – 27th Nov 2026   |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | Week #                     |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 30th Nov – 04th Dec 2026   | 11th Jan – 15th Jan 2027 |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 07th Dec – 11th Dec 2026   | 18th Jan – 22nd Jan 2027 |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 14th Dec – 18th Dec 2026   | 25th Jan – 29th Jan 2027 |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 21th Dec – 24th Dec 2026   | 01st Feb – 04th Feb 2027 |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
|                                                                                                                                                                                               | 04th Jan – 08th Jan 2027   | 08th Feb – 12th Feb 2027 |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
| Block 3 Exams / Send-Up Exams                                                                                                                                                                 |                            |                          |    | 15th Feb – 19th Feb 2027 |    | 22nd Feb – 26th Feb 2027 |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |
| Mar-26                                                                                                                                                                                        |                            |                          |    |                          |    |                          | Block 3 Exams / Send-Up Exams                                  |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 2                                                                                                                                                                                             | 3                          | 4                        | 5  | 6                        | 7  | 8                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 9                                                                                                                                                                                             | 10                         | 11                       | 12 | 13                       | 14 | 15                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 16                                                                                                                                                                                            | 17                         | 18                       | 19 | 20                       | 21 | 22                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 23                                                                                                                                                                                            | 24                         | 25                       | 26 | 27                       | 28 | 29                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 30                                                                                                                                                                                            | 31                         |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Apr-26                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 6                                                                                                                                                                                             | 7                          | 8                        | 9  | 10                       | 11 | 12                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 13                                                                                                                                                                                            | 14                         | 15                       | 16 | 17                       | 18 | 19                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 20                                                                                                                                                                                            | 21                         | 22                       | 23 | 24                       | 25 | 26                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 27                                                                                                                                                                                            | 28                         | 29                       | 30 |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| May-26                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 4                                                                                                                                                                                             | 5                          | 6                        | 7  | 8                        | 9  | 10                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 11                                                                                                                                                                                            | 12                         | 13                       | 14 | 15                       | 16 | 17                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 18                                                                                                                                                                                            | 19                         | 20                       | 21 | 22                       | 23 | 24                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 25                                                                                                                                                                                            | 26                         | 27                       | 28 | 29                       | 30 | 31                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Jun-26                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 1                                                                                                                                                                                             | 2                          | 3                        | 4  | 5                        | 6  | 7                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 8                                                                                                                                                                                             | 9                          | 10                       | 11 | 12                       | 13 | 14                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 15                                                                                                                                                                                            | 16                         | 17                       | 18 | 19                       | 20 | 21                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 22                                                                                                                                                                                            | 23                         | 24                       | 25 | 26                       | 27 | 28                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 29                                                                                                                                                                                            | 30                         |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Jul-26                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 2                                                                                                                                                                                             | 3                          | 4                        | 5  | 6                        | 7  | 8                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 9                                                                                                                                                                                             | 10                         | 11                       | 12 | 13                       | 14 | 15                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 16                                                                                                                                                                                            | 17                         | 18                       | 19 | 20                       | 21 | 22                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 23                                                                                                                                                                                            | 24                         | 25                       | 26 | 27                       | 28 | 29                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 30                                                                                                                                                                                            | 31                         |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Aug-26                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 3                                                                                                                                                                                             | 4                          | 5                        | 6  | 7                        | 8  | 9                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 10                                                                                                                                                                                            | 11                         | 12                       | 13 | 14                       | 15 | 16                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 17                                                                                                                                                                                            | 18                         | 19                       | 20 | 21                       | 22 | 23                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 24                                                                                                                                                                                            | 25                         | 26                       | 27 | 28                       | 29 | 30                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 31                                                                                                                                                                                            |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Sep-26                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 7                                                                                                                                                                                             | 8                          | 9                        | 10 | 11                       | 12 | 13                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 14                                                                                                                                                                                            | 15                         | 16                       | 17 | 18                       | 19 | 20                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 21                                                                                                                                                                                            | 22                         | 23                       | 24 | 25                       | 26 | 27                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 28                                                                                                                                                                                            | 29                         | 30                       |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Oct-26                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 5                                                                                                                                                                                             | 6                          | 7                        | 8  | 9                        | 10 | 11                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 12                                                                                                                                                                                            | 13                         | 14                       | 15 | 16                       | 17 | 18                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 19                                                                                                                                                                                            | 20                         | 21                       | 22 | 23                       | 24 | 25                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 26                                                                                                                                                                                            | 27                         | 28                       | 29 | 30                       | 31 |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Nov-26                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 2                                                                                                                                                                                             | 3                          | 4                        | 5  | 6                        | 7  | 8                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 9                                                                                                                                                                                             | 10                         | 11                       | 12 | 13                       | 14 | 15                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 16                                                                                                                                                                                            | 17                         | 18                       | 19 | 20                       | 21 | 22                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 23                                                                                                                                                                                            | 24                         | 25                       | 26 | 27                       | 28 | 29                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 30                                                                                                                                                                                            |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Dec-26                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 7                                                                                                                                                                                             | 8                          | 9                        | 10 | 11                       | 12 | 13                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 14                                                                                                                                                                                            | 15                         | 16                       | 17 | 18                       | 19 | 20                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 21                                                                                                                                                                                            | 22                         | 23                       | 24 | 25                       | 26 | 27                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 28                                                                                                                                                                                            | 29                         | 30                       | 31 |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Jan-27                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 5                                                                                                                                                                                             | 6                          | 7                        | 8  | 9                        | 10 | 11                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 12                                                                                                                                                                                            | 13                         | 14                       | 15 | 16                       | 17 | 18                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 19                                                                                                                                                                                            | 20                         | 21                       | 22 | 23                       | 24 | 25                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 26                                                                                                                                                                                            | 27                         | 28                       | 29 | 30                       | 31 |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Feb-27                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 5                                                                                                                                                                                             | 6                          | 7                        | 8  | 9                        | 10 | 11                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 12                                                                                                                                                                                            | 13                         | 14                       | 15 | 16                       | 17 | 18                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 19                                                                                                                                                                                            | 20                         | 21                       | 22 | 23                       | 24 | 25                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 26                                                                                                                                                                                            | 27                         | 28                       | 29 | 30                       | 31 |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Mar-27                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 5                                                                                                                                                                                             | 6                          | 7                        | 8  | 9                        | 10 | 11                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 12                                                                                                                                                                                            | 13                         | 14                       | 15 | 16                       | 17 | 18                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 19                                                                                                                                                                                            | 20                         | 21                       | 22 | 23                       | 24 | 25                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 26                                                                                                                                                                                            | 27                         | 28                       | 29 | 30                       | 31 |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Apr-27                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 5                                                                                                                                                                                             | 6                          | 7                        | 8  | 9                        | 10 | 11                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 12                                                                                                                                                                                            | 13                         | 14                       | 15 | 16                       | 17 | 18                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 19                                                                                                                                                                                            | 20                         | 21                       | 22 | 23                       | 24 | 25                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 26                                                                                                                                                                                            | 27                         | 28                       | 29 | 30                       | 31 |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| May-27                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 5                                                                                                                                                                                             | 6                          | 7                        | 8  | 9                        | 10 | 11                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 12                                                                                                                                                                                            | 13                         | 14                       | 15 | 16                       | 17 | 18                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 19                                                                                                                                                                                            | 20                         | 21                       | 22 | 23                       | 24 | 25                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 26                                                                                                                                                                                            | 27                         | 28                       | 29 | 30                       | 31 |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Jun-27                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 5                                                                                                                                                                                             | 6                          | 7                        | 8  | 9                        | 10 | 11                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 12                                                                                                                                                                                            | 13                         | 14                       | 15 | 16                       | 17 | 18                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 19                                                                                                                                                                                            | 20                         | 21                       | 22 | 23                       | 24 | 25                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 26                                                                                                                                                                                            | 27                         | 28                       | 29 | 30                       | 31 |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Jul-27                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 5                                                                                                                                                                                             | 6                          | 7                        | 8  | 9                        | 10 | 11                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 12                                                                                                                                                                                            | 13                         | 14                       | 15 | 16                       | 17 | 18                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 19                                                                                                                                                                                            | 20                         | 21                       | 22 | 23                       | 24 | 25                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 26                                                                                                                                                                                            | 27                         | 28                       | 29 | 30                       | 31 |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Aug-27                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 5                                                                                                                                                                                             | 6                          | 7                        | 8  | 9                        | 10 | 11                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 12                                                                                                                                                                                            | 13                         | 14                       | 15 | 16                       | 17 | 18                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 19                                                                                                                                                                                            | 20                         | 21                       | 22 | 23                       | 24 | 25                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 26                                                                                                                                                                                            | 27                         | 28                       | 29 | 30                       | 31 |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Sep-27                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 5                                                                                                                                                                                             | 6                          | 7                        | 8  | 9                        | 10 | 11                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 12                                                                                                                                                                                            | 13                         | 14                       | 15 | 16                       | 17 | 18                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 19                                                                                                                                                                                            | 20                         | 21                       | 22 | 23                       | 24 | 25                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 26                                                                                                                                                                                            | 27                         | 28                       | 29 | 30                       | 31 |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Oct-27                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 5                                                                                                                                                                                             | 6                          | 7                        | 8  | 9                        | 10 | 11                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 12                                                                                                                                                                                            | 13                         | 14                       | 15 | 16                       | 17 | 18                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 19                                                                                                                                                                                            | 20                         | 21                       | 22 | 23                       | 24 | 25                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 26                                                                                                                                                                                            | 27                         | 28                       | 29 | 30                       | 31 |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Nov-27                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 5                                                                                                                                                                                             | 6                          | 7                        | 8  | 9                        | 10 | 11                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 12                                                                                                                                                                                            | 13                         | 14                       | 15 | 16                       | 17 | 18                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 19                                                                                                                                                                                            | 20                         | 21                       | 22 | 23                       | 24 | 25                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 26                                                                                                                                                                                            | 27                         | 28                       | 29 | 30                       | 31 |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| Dec-27                                                                                                                                                                                        |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| M                                                                                                                                                                                             | T                          | W                        | T  | F                        | S  | S                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
|                                                                                                                                                                                               |                            |                          |    |                          |    | 1                        |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 5                                                                                                                                                                                             | 6                          | 7                        | 8  | 9                        | 10 | 11                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 12                                                                                                                                                                                            | 13                         | 14                       | 15 | 16                       | 17 | 18                       |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  | Weeks |  |  |  |  |  |  |
| 19                                                                                                                                                                                            |                            |                          |    |                          |    |                          |                                                                |  |                |  |                    |  |                  |  |        |    |    |    |    |    |       |       |  |  |  |  |  |       |  |  |  |  |  |  |



## **TRADITIONAL & INNOVATIVE TEACHING METHODOLOGIES**

| Sr.# | Pedagogical Methodologies          |                                                                                                                                                                                                                                                                                           |
|------|------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1.   | Lectures                           | The traditional method is where an instructor presents information to a large group of students (large group teaching).                                                                                                                                                                   |
| 2.   | Tutorial                           | Tutorials involve small group discussions (SGD) where students receive focused instruction and guidance on specific topics.                                                                                                                                                               |
| 3.   | Practical's                        | Hands-on sessions where students apply theoretical knowledge to real-world tasks. This might include lab work, clinical procedures, or simulations.                                                                                                                                       |
| 4.   | Community-based Learning           | RLDC provides the environment and training that would enable professionals to successfully contribute to the improvement of the health sector, particularly in less privileged communities                                                                                                |
| 5.   | Student Presentations & Assignment | Students prepare and deliver presentations on assigned topics. Tasks given to students to complete outside of class. Assignments can include research papers, case studies, or practical reports.                                                                                         |
| 6.   | Self-directed Learning             | Students take initiative and responsibility for their learning process. Students are encouraged to seek resources, set goals, and evaluate their progress. This is a learner-centered approach where students take the initiative to plan, execute, and assess their learning activities. |
| 7.   | Case-based Learning (CBL)          | A structured form of small group learning where students work in teams on application-based tasks and problems. Teams are responsible for achieving learning objectives through collaborative efforts, promoting accountability, and deeper understanding of the material.                |
| 8.   | Problem-based Learning (PBL)       | Students work on complex, real-world problems without predefined solutions. They research, discuss, and apply knowledge to develop solutions. PBL fosters critical thinking, problem-solving skills, and the ability to integrate knowledge from various disciplines.                     |



## RASHID LATIF DENTAL COLLEGE



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PF-1-C-PM&DC/Notification/2025/911

3rd November 2025

### NOTIFICATION

#### **SUBJECT: CLARIFICATION REGARDING MINIMUM PASSING PERCENTAGE AND ATTENDANCE REQUIREMENTS IN MBBS / BDS PROGRAMS**

The Council, in its meeting held on 21st October 2025, deliberated on the matter concerning the minimum passing percentage in annual professional MBBS and BDS examinations, along with feedback received from universities, comments from medical and dental colleges, and representations and petitions submitted by students and parents regarding the retrospective enforcement of revised benchmarks during the ongoing academic session (2024-25).

After detailed consideration, the Council resolved that there shall be no retrospective enforcement of revised attendance or passing mark requirements. Students already enrolled up to and including the academic session 2024-25 shall continue under the previously applicable criteria, namely 50% minimum passing marks and 75% minimum attendance, as stipulated at the time of their admission or enrolment in MBBS or BDS programs.

For future admissions, a proposed increase of 5% each in both attendance and passing mark requirements shall be reviewed in consultation with universities, medical educationists, and other relevant stakeholders. The finalized criteria will be communicated in due course.

This notification is issued in compliance with the decision of the PM&DC Council and supersedes earlier Notifications dated 31st January 2025, 10th February 2025, and 15th April 2025 on the same subject. All medical and dental institutions and their affiliated universities are directed to ensure strict compliance with the above.

Deputy Registrar  
Head of Council Department

#### **Distribution:**

- PM&DC Recognized Medical / Dental Colleges (All)
- Affiliating / Admitting Universities (All)
- Regional / Provincial Health Departments
- Head of IT Department PM&DC, Islamabad
- P S to Secretary M/o NHC&C Islamabad



## RASHID LATIF DENTAL COLLEGE



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#### NOTIFICATION

Syndicate, in its 93<sup>rd</sup> meeting held on 4<sup>th</sup> November-2025, approved the adoption and implementation of the PM&DC Notification No. PF-1-C-PM&DC/Notification/2025/911 dated 03-11-2025, with the following provisions:

- I. Students already enrolled up to and including the academic session 2024-2025 shall continue under the previously applicable criteria, namely 50% minimum passing marks and 75% minimum attendance, as stipulated at the time of their admission or enrollment in MBBS or BDS program.
- II. However, the policy for assessment, for the session 2025-2026, will be notify separately.
- III. The minimum number of marks required to pass the professional examination for each subject/paper shall be fifty percent (50%) in 'Theory' and fifty percent (50%) in the 'Oral/Practical/Clinical' components of the examination and fifty percent (50%) in aggregate, independently, and concomitantly.
- IV. To become eligible to appear in the professional examinations conducted by the university the candidates shall be required having attended not less than cumulative 75% of the full course of lectures delivered and practical/clinical classes conducted in the particular academic session, as well as in the individual block/semester for the Modular Integrated Curriculum/Semester scheme of studies.
- V. The above criteria shall also be applicable to all undergraduate degree programs of the university, on parity basis.

This is in supersession of this office Notification No. UHS/REG-25/1121 dated 21-05-2025.

**REGISTRAR**

No. UHS/REG-25/2351

Dated: 13-11-2025

Copy forwarded for information to:

- i. Principals/Heads of all the constituent & affiliated undergraduate colleges/Institutions of UHS
- ii. Director, Institute of Allied Health Sciences, UHS
- iii. Head, College of Pharmacy, UHS
- iv. Head, Institute of Nursing, UHS
- v. Controller of Examinations, UHS
- vi. Treasurer, UHS
- vii. Director, Directorate of Undergraduate Studies, UHS
- viii. Director Students' Affairs, UHS
- ix. Additional Registrar (Registration), UHS
- x. PSO to Vice Chancellor
- xi. PS to Pro-Vice Chancellor
- xii. PS to Registrar

*Signature*  
**REGISTRAR**

# RASHID LATIF DENTAL COLLEGE



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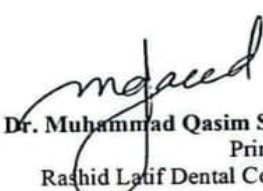
Ref No. RLDC/0375/25

1<sup>st</sup> December, 2025

### **NOTIFICATION**

This is to inform the faculty that the following distribution of marks has been proposed for Internal Assessment criteria of UHS for Traditional BDS. The following matter shall be discussed in the upcoming assessment meetings of the respective classes. A total of 20 marks (10% of the overall 200 marks) have been allocated to Internal Assessment for each block, distributed as follows:

- **Attendance (Theory + Practical):** (25%) 05 marks
- **Formative Assessment:**
  1. **(Class Test):** (25%) 5 marks
  2. **(Block Examination):** (25%) 5 marks
  3. **Log Books / Assignments/ Attitude:** (25%) 3 marks
- **Research:** – 2 marks

  
Prof. Dr. Muhammad Qasim Saeed  
Principal  
Rashid Latif Dental College

**C.C:**

Principal, RLMC

Vice Principal RLDC

Clinical Director (RLDC)

Department of Medical & Dental Education

All HODs & Conveners of 3rd Year – Final Year BDS

Student Affairs Department

Office Copy



## **RASHID LATIF DENTAL COLLEGE**

### **INTRODUCTION TO STUDY GUIDE**

This study guidebook has been thoughtfully developed for dental undergraduates through the collaborative efforts of faculty across all disciplines. It serves as a valuable resource for the students of Rashid Latif Dental College, emphasizing key aspects of the curriculum. The guide aims to foster self-regulated learning by empowering students to take ownership of their academic journey.

Entering dental college marks, the beginning of a new academic chapter, and this guide has been carefully crafted to support students through this transitional phase. It encompasses undergraduate competencies, assessment policies, and curriculum coordination, all systematically mapped within this guidebook.

The study guide provides a comprehensive overview of the intended course outcomes and objectives in alignment with the course content. It outlines the institution's tailored assessment methodologies, offering students a clear understanding of the strategies used to evaluate their progress.



## **RASHID LATIF DENTAL COLLEGE**

### **DEPARTMENT & SUBJECT OVERVIEW**

#### **HEAD OF DEPARTMENT**

#### **PROF. DR. SAADIA MANZAR**

The Oral & Maxillofacial Surgery (OMFS) department is responsible for the diagnosis, surgical treatment, and management of diseases, injuries, and defects affecting the oral cavity, jaws, face, and associated structures. This specialty integrates dentistry, medicine, and surgery, ensuring comprehensive care for patients with complex maxillofacial conditions. The overview of the subject as part of curriculum of third year and Final Year BDS is as follows:

##### **1. Principles of Oral Surgery**

- Asepsis, sterilization, and infection control.
- Wound healing and principles of surgical site management.
- Instruments, surgical techniques, and suturing methods.

##### **2. Exodontia & Dentoalveolar Surgery**

- Simple and complex tooth extractions.
- Impactions: Indications, surgical techniques, complications.
- Management of post-extraction complications (dry socket, bleeding, nerve injury).

##### **3. Maxillofacial Trauma & Fractures**

- Types of facial fractures (mandibular, maxillary, orbital, nasal).
- Principles of reduction, fixation (ORIF), and post-operative care.
- Soft tissue trauma: Suturing techniques and healing principles.

##### **4. Pathology & Oncology in OMFS**

- Principles of biopsy, diagnosis and management of cysts, benign and malignant tumors.
- Premalignant lesions: Leukoplakia, erythroplakia, oral submucous fibrosis.
- Surgical techniques in tumor resection and reconstruction.

##### **5. Maxillofacial Infections**

- Pathogenesis and spread of odontogenic infections.
- Ludwig's angina, deep neck infections: Diagnosis and emergency management.
- Osteomyelitis of the jaws: Causes, diagnosis, and treatment.



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### **6. Temporomandibular Joint (TMJ) Disorders & Surgery**

- Diagnosis and conservative management of TMJ disorders.
- Surgical interventions: TMJ ankylosis, discectomy, joint replacement.
- Arthroscopy in TMJ management.

### **7. Orthognathic & Reconstructive Surgery**

- Evaluation and treatment planning for jaw deformities.
- Surgical techniques for mandibular and maxillary correction.
- Bone grafting, distraction osteogenesis, soft tissue reconstruction.

### **8. Cleft Lip & Palate Surgery**

- Classification and surgical repair techniques.
- Timing and multidisciplinary management (speech therapy, orthodontics).
- Post-surgical care and rehabilitation.

### **9. Anesthesia & Pain Management in OMFS**

- Local anesthesia: Techniques, complications, and emergency management.
- Conscious sedation and general anesthesia in oral surgery.
- Post-operative pain control, analgesics, and nerve block techniques.

### **10. Recent Advances in Oral & Maxillofacial Surgery**

- Laser applications in oral and maxillofacial surgery.
- Platelet-Rich Plasma (PRP) and growth factor applications.
- 3D printing, virtual surgical planning, guided implant surgery.

Oral & Maxillofacial Surgery is a crucial discipline in final-year BDS education, ensuring students develop clinical, surgical, and diagnostic skills necessary for managing a wide range of maxillofacial conditions. Mastery of this subject prepares students for internships, postgraduate training, and clinical practice in surgical and hospital settings.



## RASHID LATIF DENTAL COLLEGE

### STUDY GUIDE

| STUDY GUIDE              |                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                   |
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| <b>PROGRAM</b>           |                                                                                                                                                                                                                                                                                                                                                                            | <b>BDS</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                   |
| <b>COURSE TITLE</b>      |                                                                                                                                                                                                                                                                                                                                                                            | <b>Oral &amp; Maxillofacial Surgery</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                   |
| <b>ACADEMIC CALENDER</b> |                                                                                                                                                                                                                                                                                                                                                                            | <b>2026</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                   |
| <b>INTRODUCTION</b>      |                                                                                                                                                                                                                                                                                                                                                                            | <p>Oral and Maxillofacial Surgery (OMFS) is a specialized branch of dentistry and surgery that focuses on diagnosing, treating, and managing diseases, injuries, and defects of the mouth, jaws, face, and associated structures. It combines dental, medical, and surgical expertise to provide comprehensive care for conditions affecting both function and aesthetics. This field is unique because it bridges the gap between dentistry and medicine, requiring extensive knowledge of anatomy, pathology, and surgical techniques.</p> <p>The scope of OMFS is broad, covering a wide range of procedures, from routine tooth extractions and dental implant placement to complex reconstructive surgeries for trauma and congenital deformities. Patients suffering from facial fractures, temporomandibular joint (TMJ) disorders, cysts, tumors, and severe dental infections often require surgical intervention by an oral and maxillofacial surgeon.</p> <p>In conclusion, OMFS remains at the forefront of innovation, ensuring better treatment options and improved quality of life for patients worldwide.</p> |                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                   |
| <b>RATIONALE</b>         |                                                                                                                                                                                                                                                                                                                                                                            | Oral and Maxillofacial Surgery is a vital discipline that enhances both oral health and overall well-being. Its diverse applications in trauma management, reconstructive surgery, and dental rehabilitation make it an indispensable field in modern healthcare.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                   |
| <b>OUTCOMES</b>          |                                                                                                                                                                                                                                                                                                                                                                            | The study of Oral & Maxillofacial Surgery (OMFS) enables professionals to diagnose, manage, and surgically treat conditions affecting the face, jaws, and oral structures. It enhances patient care through advanced surgical techniques, interdisciplinary collaboration, and innovations in Minor Oral surgery, maxillofacial trauma, reconstruction, and dental rehabilitation.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                   |
| <b>BLOCK 1</b>           | <b>TOPICS</b>                                                                                                                                                                                                                                                                                                                                                              | <b>LEARNING OUTCOME</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>PRACTICALS</b>                                                                                                                                                                                                                                                                                                                                     | <b>REFERENCE</b>                                                                                                                                                                                  |
| Principles of Surgery    | 1. Record detailed medical history of patients<br>2. Perform complete examination of patient before starting oral surgery Inspection<br>Palpation<br>Percussion Auscultation<br>3. Describe how to prevent medical emergencies by careful risk assessment and medical evaluation (which requires medical history, review of systems, vital signs and physical examination) | 1. Illustrate protocols of management of medically compromised patients<br>2. Manage medically compromised patients before performing oral surgery<br>3. Manage dental emergencies.<br>4. Use emergency supplies and equipment in case of dental emergency<br>5. Perform operator disinfection, be able to prepare for surgery with sterile technique                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 1. Illustrate protocols of management of medically compromised patients<br>2. Manage medically compromised patients before performing oral surgery<br>3. Manage dental emergencies.<br>4. Use emergency supplies and equipment in case of dental emergency<br>5. Perform operator disinfection, be able to prepare for surgery with sterile technique | 1. Contemporary Oral & Maxillofacial Surgery. 7th Edition 2018. Peterson, Ellis, Hupp, Tucker<br><br>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a> |



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|                                                | <p>4. Identify signs and symptoms of worsening medical conditions and manage them accordingly.</p> <p>5. Explain process of healing of soft tissue, extraction, socket, bone and nerves</p> <p>6. Differentiate theocratically and clinically between physiologic and pathologic healing</p> <p>7. Recall bacteria, viruses and mycobacterial organisms involved in communicable diseases</p> <p>8. Describe aseptic techniques (terminologies and concepts) of instrument sterilization and disinfection.</p> <p>9. Discuss management protocol of needle stick injury.</p>                                                                                                                                                                                                                                               | <p>6. Illustrate operatory disinfection, techniques for hand and arm preparation before surgery</p> <p>7. Manage wound post-surgically and dispose sharp and waste by protocol.</p>                                                                                                |  |
| Local Anesthesia, General Anesthesia, Sedation | <p>1. Describe basic neurophysiology</p> <p>2. Discuss pharmacology of local anesthesia and vasoconstrictors.</p> <p>3. Explain clinical actions of specific agents.</p> <p>4. Elaborate anatomic details, landmarks and nerve supply of orofacial region</p> <p>5. Enlist and Identify complications of local anesthesia.</p> <p>6. Discuss management of complications.</p> <p>7. Describe future trends in pain control</p> <p>8. Answer a referral consultation letter</p> <p>9. Describe when to hospitalize a dental patient for management</p> <p>10. Describe day surgery/ dentistry under GA</p> <p>11. Enlist pre-operative management of patient for major oral surgery: investigations and consults with reference to ASA status.</p> <p>12. Define sedation, discuss oral, I/V and inhalational sedation.</p> | <p>1. Name and identify armamentarium used for local anesthesia.</p> <p>2. Perform basic injection techniques for administration of local anesthesia of maxillary and mandibular teeth.</p> <p>3. Evaluate a patient for OMF surgery under GA</p> <p>4. Record operative notes</p> |  |



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|                                                                                               | <p>Indications and contraindications of each.</p> <p>13. Describe assessment of fitness, normal, abnormal cardiac and respiratory signs, premedication, anesthetic and analgesia medication, technique of endotracheal intubation.</p> <p>14. Discuss Provision of care for hospitalized patient</p> <p>15. Enlist and describe management of post GA problems.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                           |
| <p>Principles of Exodontia (Simple &amp; Complex)</p> <p>Ethics/Medicolegal Consideration</p> | <ol style="list-style-type: none"> <li>1. Enlist and perform presurgical medical assessment of patient.</li> <li>2. Describe and manage methods of pain and anxiety control before exodontia.</li> <li>3. Enlist various indications and contraindications of removal of teeth</li> <li>4. Describe mechanical principals involved in tooth extraction.</li> <li>5. Describe and perform specific technique for extraction of each tooth permanent/deciduous (maxillary and mandibular)</li> <li>6. Describe and perform various steps of post extraction tooth socket care.</li> <li>7. Define parameters of soft tissue flaps.</li> <li>8. Explain design and develop mucoperiosteal flaps.</li> <li>9. Enlist principals of suturing.</li> <li>10. Describe technique for open extraction of single-rooted and multi-rooted teeth.</li> <li>11. Enlist steps of removal of root fragments and justify reasons for keeping fractured root fragments.</li> <li>12. Enlist indications and contraindications for removal of impacted tooth.</li> <li>13. Enlist various classification systems for mandibular third molar impactions.</li> <li>14. Enlist factors that make removal of wisdom tooth difficult.</li> <li>15. Enlist various classification systems for maxillary third molar impactions.</li> </ol> | <ol style="list-style-type: none"> <li>1. Perform clinical evaluation for removal of teeth</li> <li>2. Read radiographs for management of teeth</li> <li>3. Prepare patient before surgery and follow universal precautions before performing any surgical procedure.</li> <li>4. Adjust chair positioning according to the tooth being extracted.</li> <li>5. Perform extraction using appropriate instruments and techniques i.e. gingival detachment, forceps application, tooth luxation and delivery, jaw support and retraction (non-dominant hand).</li> <li>6. Perform suturing of mucoperiosteal flaps</li> <li>7. Remove root tips and fragments</li> <li>8. Perform multiple extractions with proper treatment and consideration of extraction sequencing and technique for multiple extractions.</li> <li>9. Provide operative notes to patient after surgical procedures.</li> </ol> | <ol style="list-style-type: none"> <li>1. Contemporary Oral &amp; Maxillofacial Surgery. 7th Edition 2018. Peterson, Ellis, Hupp, Tucker</li> <li>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a></li> </ol> |



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|                    | <p>16. Classify canine impactions.</p> <p>17. Formulate treatment plan for other impacted teeth.</p> <p>18. Describe surgical and procedural steps for removal of impacted teeth.</p> <p>19. Take consent and enlist the potential risks and complications for removal of impacted teeth.</p> <p>20. Identify and use instruments for minor oral surgery.</p> <p>21. Describe various methods of post-operative hemorrhage control.</p> <p>22. Perform postoperative follow-up of surgical procedure</p> <p>23. Describe prevention and management of various complications during extraction of a teeth, associated with soft tissues, teeth to be extracted, injury to adjacent structures and oroantral communications, prevent healing and delayed healing, infection and fracture of mandible.</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                              |
| Diagnostic Imaging | <p>1. Describe indications, advantages, and limitations of common imaging modalities (intraoral radiography, panoramic imaging, CBCT, CT, MRI, ultrasound).</p> <p>2. Identify normal radiographic anatomy of teeth, jaws, maxillary sinus, TMJ, and surrounding structures.</p> <p>3. Select appropriate imaging investigations based on clinical presentation and surgical requirements.</p> <p>4. Correlate clinical findings with radiographic interpretation for diagnosis and treatment planning.</p> <p>5. Recognize radiographic signs of complications related to surgical procedures (e.g., root fracture, sinus involvement, nerve proximity).</p> <p>6. Apply radiation protection principles (ALARA concept) in dental practice.</p>                                                       | <p>1. Identify and label anatomical landmarks on:</p> <p>Periapical radiographs</p> <p>Bitewing radiographs</p> <p>Orthopantomogram (OPG) CBCT images (basic orientation)</p> <p>2. Perform basic radiographic interpretation, including:</p> <p>Assessment of tooth morphology and root configuration</p> <p>Evaluation of impacted teeth position (angulation, depth, relation to structures)</p> <p>Identification of periapical pathology</p> <p>Detection of cystic or radiolucent lesions</p> <p>3. Assess surgical difficulty using radiographic criteria (e.g., impaction indices, proximity to inferior alveolar nerve, sinus relation).</p> <p>4. Interpret radiographs for trauma cases, including:</p> <p>Dentoalveolar fractures</p> <p>Jaw fractures (basic recognition)</p> | <p>1. Contemporary Oral &amp; Maxillofacial Surgery. 7th Edition 2018. Peterson, Ellis, Hupp, Tucker</p> <p>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a></p> |



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|                                                                                             | 7. Discuss medico-legal considerations related to radiographic documentation.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Recognize radiographic errors and artifacts and suggest corrective measures.<br>5. Demonstrate infection control and radiation safety measures during radiographic procedures.                                                                                                              |            |                                                                                                                                                                                                   |
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| "Ethics and evidence-based surgery and medicolegal considerations"                          | 1. Describe common areas of litigation in dental practice.<br>2. Enlist steps to reduce risk of litigation                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 1. Practice ethical based surgery and follow ethical standards in dentistry and research.<br>2. Obtain informed consent and describe its components<br>3. Write a referral letter to a medical/dental specialist.<br>4. Keep up to date with local rules and regulations affecting practice |            |                                                                                                                                                                                                   |
| BLOCK 2                                                                                     | TOPICS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | LEARNING OUTCOME                                                                                                                                                                                                                                                                            | PRACTICALS | REFERENCE                                                                                                                                                                                         |
| MANAGEMENT OF ORAL PATHOLOGICAL LESIONS:<br>Principles of differential diagnosis and biopsy | 1. Describe in detail principles of biopsy of oral pathologic lesions.<br>2. Describe intraosseous biopsy technique and principles.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 1. Perform examination and describe various investigations for diagnosis of oral pathologic lesions.                                                                                                                                                                                        |            | 1. Contemporary Oral & Maxillofacial Surgery. 7th Edition 2018. Peterson, Ellis, Hupp, Tucker<br>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a>     |
| Surgical management of oral pathologic conditions                                           | 1. Discuss basic goals of surgery for management of patient with oral pathologic conditions.<br>2. Discuss management options for cysts and cysts like conditions on the jaws.<br>3. Define enucleation, marsupialization, enucleation after marsupialization, enucleation with curettage. Discuss indications, advantages and disadvantages and techniques of each treatment modality.<br>4. Discuss various benign and malignant tumors of the oral cavity.<br>5. Classify fibro osseous lesions.<br>6. Name types of giant cell lesions.<br>7. Discuss the role of various factors that play an important role in selecting the best treatment option for management of oral pathologic lesions. |                                                                                                                                                                                                                                                                                             |            | 1. Contemporary Oral & Maxillofacial Surgery. 7th Edition 2018. Peterson, Ellis, Hupp, Tucker<br><br>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a> |



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|                                                                           | <p>8. Discuss various treatment modalities for treatment of benign and malignant lesions of oral cavity.</p> <p>9. Discuss options for reconstruction of the jaw after the removal of oral tumors.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                          |                                                                                                                                                                                                              |
| Diagnosis and management of odontogenic infections                        | <p>1. Name the bacteria involved in maxillofacial infections.</p> <p>2. Describe natural pathways for progression of odontogenic infections.</p> <p>3. Diagnose and differentiate between edema (inoculation), cellulitis and abscess</p> <p>4. Describe various principles of treatment of odontogenic infections.</p> <p>5. Describe spread, pathophysiology and management of following head and neck infections:</p> <p>A. Odontogenic infection to primary and secondary facial spaces.</p> <p>B. Cavernous sinus thrombosis/ orbital cellulitis, Mediastinitis, Ludwig's angina, Osteomyelitis, candidiasis, necrotizing fasciitis, actinomycosis</p> <p>6. Describe principal prophylaxis of wound infection.</p> <p>7. Justify prophylaxis against infective endocarditis and other cardiovascular conditions</p> | <p>1. Manage odontogenic infections with removal of cause and surgically drain the pus, insert drains if indicated.</p> <p>2. Provide supportive therapy, select appropriate antibiotic and manage airways, nutrition and hydration.</p> | <p>1. Contemporary Oral &amp; Maxillofacial Surgery. 7th Edition 2018. Peterson, Ellis, Hupp, Tucker</p> <p>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a></p> |
| Principles of management and prevention of complex odontogenic infections | <p>1. Name various deep facial spaces, discuss boundaries and relationships of each tooth.</p> <p>2. Name various deep cervical spaces, discuss boundaries and pathways of spread of these spaces.</p> <p>3. Describe the management of fascial space infections.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                          | <p>1. Contemporary Oral &amp; Maxillofacial Surgery. 7th Edition 2018. Peterson, Ellis, Hupp, Tucker</p> <p>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a></p> |
| Principals of Endodontic surgery                                          | <p>1. Explain various methods of drainage of abscess</p> <p>2. Describe indications and contraindications of periapical surgery.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                          | <p>1. Contemporary Oral &amp; Maxillofacial Surgery. 7th Edition 2018.</p>                                                                                                                                   |



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|                                                       | <ol style="list-style-type: none"> <li>3. Discuss in detail steps of periapical surgery.</li> <li>4. Explain corrective surgery, indications, contraindications, surgical approach, repair material, prognosis and surgical procedure.</li> <li>5. Discuss the management of fractured teeth.</li> <li>6. Enlist indications of biopsy.</li> <li>7. Discuss various light and magnification devices for periapical surgery.</li> <li>8. Define and explain in detail guided tissue regeneration and bone augmentation.</li> <li>9. Enumerate clinical circumstances to consider referral.</li> </ol>                                                                      |                                                                                                                                                                       | <p>Peterson, Ellis, Hupp, Tucker</p> <p>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a></p>                                                                                                                  |
| Diagnosis and management of salivary gland disorders  | <ol style="list-style-type: none"> <li>1. Describe embryology, anatomy and physiology of salivary glands.</li> <li>2. Name various diagnostic modalities for diagnosis of salivary gland disorders.</li> <li>3. Enlist various radiographic techniques for visualization of salivary glands.</li> <li>4. Discuss sialo-endoscopy, sialo chemistry, FNAC and salivary gland biopsy.</li> <li>5. Perform examination, discuss signs and symptoms and advise investigations and management of sialolithiasis, mucocele, ranula, necrotizing sialo metaplasia, Sjogren syndrome, traumatic salivary gland injuries, benign and malignant tumors of salivary gland.</li> </ol> | <ol style="list-style-type: none"> <li>1. Take history and perform clinical examinations for patients with salivary gland disorders.</li> </ol>                       | <ol style="list-style-type: none"> <li>1. Contemporary Oral &amp; Maxillofacial Surgery. 7th Edition 2018. Peterson, Ellis, Hupp, Tucker</li> <li>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a></li> </ol> |
| Pathology and odontogenic diseases of maxillary sinus | <ol style="list-style-type: none"> <li>1. Explain embryology and anatomy of maxillary sinus.</li> <li>2. Discuss signs and symptoms of non-odontogenic infections of maxillary sinus, the bacteria involved and its management.</li> <li>3. Discuss signs and symptoms of odontogenic infections of maxillary sinus, bacteria involved and its management.</li> <li>4. Discuss treatment of maxillary sinusitis.</li> <li>5. Describe antral pseudocysts and its management.</li> </ol>                                                                                                                                                                                   | <ol style="list-style-type: none"> <li>1. Perform clinical examination of maxillary sinus.</li> <li>2. Perform radiographic examination of maxillary sinus</li> </ol> | <ol style="list-style-type: none"> <li>1. Contemporary Oral &amp; Maxillofacial Surgery. 7th Edition 2018. Peterson, Ellis, Hupp, Tucker</li> <li>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a></li> </ol> |



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|                                                                | 6. Explain complications associated with surgical procedure of maxillary sinus.<br>7. Define oroantral communication and fistula.<br>8. Enlist management options.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                   |                                                                                                                                                                                                   |
| Management of patient undergoing chemotherapy and radiotherapy | 1. Describe in detail dental management of patients undergoing radiotherapy to head and neck.<br>2. Describe in detail radiation effect on oral mucosa, mandibular mobility, salivary glands, bone and others.<br>3. Explain methods of performing pre-irradiation extractions.<br>4. Discuss intervals between pre-irradiation extractions and beginning of radiotherapy.<br>5. Discuss protocol of removal of impacted third molar before radiotherapy.<br>6. Describe method of managing carious teeth after radiotherapy.<br>7. Explain protocol for tooth extraction after radiotherapy.<br>10. Discuss management of patient wearing dentures after radiotherapy.<br>11. Discuss implant placement in irradiated patients.<br>12. Describe the management of patient with osteoradionecrosis.<br>13. Discuss dental management of patient receiving systemic chemotherapy for malignant diseases.<br>14. Describe effects of chemotherapy of oral mucosa, hematopoietic system, oral microbiology.<br>15. Explain bisphosphonates' mechanisms of action, clinical signs and symptoms.<br>16. Explain dental care for patients who are about to start bisphosphonates. | 1. Perform evaluation of dentition before radiotherapy.<br>2. Perform preparation of dentition for radiotherapy and maintenance after irradiation | 1. Contemporary Oral & Maxillofacial Surgery. 7th Edition 2018. Peterson, Ellis, Hupp, Tucker<br><br>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a> |
| TRAUMA<br>Soft tissues and dento-alveolar injuries             | 1. Describe various soft tissue injuries and discuss its management.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                   | 1. Contemporary Oral & Maxillofacial Surgery. 7th                                                                                                                                                 |



## RASHID LATIF DENTAL COLLEGE

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|                                                                                                                                                   |               | 2. Classify traumatic injuries to teeth and supporting structures.<br>3. Discuss the treatment of dentoalveolar injuries.                                                                                                                                                                                                                                                                                           |                                                                                  | Edition 2018.<br>Peterson, Ellis, Hupp, Tucker<br>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a>                                                       |
| Maxillofacial Trauma<br>Mandibular Fractures<br>Condylar Fractures<br>Maxillary Fractures<br>Zygomatic Fractures<br>Naso-orbito-ethmoid Fractures |               | 1. Describe evaluation of patient with maxillofacial fractures, BLS & ATLS<br>2. Discuss causes, signs and symptoms and classification of maxillofacial fractures.<br>3. Enumerate investigations for maxillofacial fractures.<br>4. Explain various options for treatment of maxillofacial facial fractures.                                                                                                       |                                                                                  | 1. Contemporary Oral & Maxillofacial Surgery. 7th Edition 2018.<br>Peterson, Ellis, Hupp, Tucker<br>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a>     |
| <b>BLOCK 3</b>                                                                                                                                    | <b>TOPICS</b> | <b>LEARNING OUTCOME</b>                                                                                                                                                                                                                                                                                                                                                                                             | <b>PRACTICALS</b>                                                                | <b>REFERENCE</b>                                                                                                                                                                                     |
| DENTOFACIAL DEFORMITY: Cleft lip and palate                                                                                                       |               | 1. Discuss embryology of orofacial development.<br>2. Describe various causative factors of orofacial clefting.<br>3. Explain various problems of individuals with orofacial clefting.<br>4. Explain in detail steps of treatment of cleft lip and palate keeping in mind time of surgical repair.<br>5. Describe dental needs of individuals with clefts and discuss the need of prosthetic speech and appliances. |                                                                                  | 1. Contemporary Oral & Maxillofacial Surgery. 7th Edition 2018.<br>Peterson, Ellis, Hupp, Tucker<br><br>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a> |
| Facial cosmetic surgery                                                                                                                           |               | 1. Discuss historical perspective of facial aesthetic surgery.<br>2. Learn facial aging and analysis of face and skin.<br>3. Describe non-surgical procedures for facial cosmetic surgery.<br>4. Describe surgical procedures of facial cosmetic surgery for upper facial third, middle facial third and lower facial third.                                                                                        |                                                                                  |                                                                                                                                                                                                      |
| IMPLANT SURGERY<br>Basic techniques<br>concepts                                                                                                   |               | 1. Define dental implants and identify its components.<br>2. Define osseointegration, factors influencing osseointegration.<br>Define terms related to dental implants: end-osseous, root-form, cover screw, healing                                                                                                                                                                                                | 1. Perform preoperative assessment and treatment planning for implant placement. | 1. Contemporary Oral & Maxillofacial Surgery. 7th Edition 2018.<br>Peterson, Ellis, Hupp, Tucker                                                                                                     |



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|                                                                   | <p>abutment/gingival former, single/two stage, screw/cement retained and biotypes.</p> <p>3. Describe peri-implantation biological and functional considerations related and soft tissues and various biochemical considerations.</p> <p>4. Describe basic surgical technique for implant placement</p> <p>5. Identify surgical instruments.</p> <p>6. Describe the surgical procedure for one stage, two stage and immediate dental implant placement</p> <p>7. State the peri-operative management for dental implant placement.</p> <p>8. Explain protocol for postoperative management of implant surgery.</p> <p>9. Demonstrate appropriate postoperative management of a patient following dental implant placement, including pain control, infection prevention, and patient instructions.</p> <p>10. Assess and interpret implant stability using clinical and/or diagnostic methods</p> <p>11. Enlist and manage complications.</p> <p>12. Describe various options for prosthetic implant rehabilitation of edentulous and partially edentulous patients.</p> |  | <p>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a></p>                                                                                                          |
| <p>Implant treatment:<br/>Advanced concepts and complex cases</p> | <p>1. Explain indications of immediate post extraction implant placement</p> <p>2. Describe various graft and graft substitutes, for implant placement sites</p> <p>3. Explain procedures for mandibular augmentation.</p> <p>4. Explain procedures for maxillary augmentation.</p> <p>5. Define and explain the process of alveolar ridge distraction.</p> <p>6. Discern various diagnostic modalities for implant surgery and learn treatment planning.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |  | <p>1. Contemporary Oral &amp; Maxillofacial Surgery. 7th Edition 2018. Peterson, Ellis, Hupp, Tucker</p> <p>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a></p> |



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|                                                                  | 7. Learn about special implant options (types and techniques)<br>8. Discuss the complex cases.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |  |                                                                                                                                                                                                   |
| Pre-prosthetic surgery                                           | 1. Enlist objectives of pre-prosthetic surgery.<br>2. Describe the principles of soft tissue evaluation and treatment planning.<br>3. Describe each procedure for recontouring of alveolar ridge keeping in mind basic principles of surgery.<br>4. Describe each procedure for correction of soft tissue abnormalities required for fabrication of dental prosthesis.<br>5. Identify the need for immediate dentures.<br>6. Perform atraumatic extraction to preserve alveolar ridge.<br>7. Identify the need for over dentures<br>8. Describe various advanced pre-prosthetic procedures.<br>9. Discuss procedures of soft tissue surgery of ridge extension of mandible.<br>10. Discuss procedures of soft tissue surgery of ridge extension of maxilla.<br>11. Discuss procedures of correction of alveolar ridge relationships. |  | 1. Contemporary Oral & Maxillofacial Surgery. 7th Edition 2018. Peterson, Ellis, Hupp, Tucker<br><br>2. Internet e.g. <a href="https://www.sciencedirect.com/">https://www.sciencedirect.com/</a> |
| TEMPOROMANDIBULAR AND FACIAL PAIN DISORDERS<br>Facial neuropathy | 1. Explain pain neurophysiology<br>2. Classify orofacial pains.<br>3. Name and describe various neuropathic facial pains.<br>4. Discuss evaluation, signs, symptoms, diagnosis and treatment options for management of facial neuropathic pain.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |  |                                                                                                                                                                                                   |
| Management of temporomandibular disorders.                       | 1. Discuss clinical and radiographical evaluation of patient with temporomandibular disorders.<br>2. Classify and describe various temporomandibular joint disorders.<br>3. Discuss conservative treatment options for temporomandibular joints.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |  |                                                                                                                                                                                                   |



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|                                     | 4. Discuss surgical options for temporomandibular joint disorders.                                                                                                                                                                                                                                                                                                                                                        |  |  |
| INTERNAL ASSESSMENT                 | 10% (Pre-professional Examination, Midterm Examination, Assignments, Class Presentations, Clinical Logbooks)                                                                                                                                                                                                                                                                                                              |  |  |
| ANNUAL EXAMINATION                  | As per UHS policy.                                                                                                                                                                                                                                                                                                                                                                                                        |  |  |
| RESOURCES (LOGBOOK/ PRACTICAL BOOK) | Contemporary Oral & Maxillofacial Surgery (7 <sup>th</sup> Ed) James R. Hupp, Myron R. Tucker<br>Killey's Fractures of Mandible (4 <sup>th</sup> Ed) <u>Peter Banks</u> , <u>Homer Charles Killey</u><br>Killey's Fractures of the middle third of the facial skeleton <u>Homer Charles Killey</u> , <u>Peter Banks</u><br>Handbook of Local Anesthesia 7th Edition by <u>Stanley F. Malamed</u><br>Logbook for practical |  |  |



## **RASHID LATIF DENTAL COLLEGE**

### **ASSESSMENT GUIDELINES**

- Assessment in dental education is a critical component designed to ensure dental students acquire the necessary knowledge, skills, and competencies for effective dental practice.
- Written examinations, including multiple-choice and essay questions, will test your grasp of theoretical concepts and subject matter.
- Practical assessments will require you to demonstrate your clinical skills and ability to apply knowledge in real-world scenarios.
- Oral exams will evaluate your communication and reasoning skills through case discussions and problem-solving exercises.

**As per the UHS policy, students failing to fulfill the assessment criteria will result in withholding of their admissions for the professional exam.**

### **ASSESSMENT METHODS:**

- MCQs (Multiple Choice Questions)
- SEQ
- Objective Structured Practical/Clinical Examination (OSPE or OSCE)  
There is a policy of ongoing or formative assessment of all students and summative assessment during the academic year.
- Formative or ongoing assessment: Formative assessment will be done as class tests every week, assignments, projects, etc.
- Summative Assessment: • The end-of-block test comprises the OSCE or OSPE examination
- Viva voce exam.
- Written theory examination. The written examination has 2 parts: an MCQ and a short answer or short essay-type examination.  
10% MARKS of internal assessment will be calculated from each end-of-block exam and overall yearly performance

### **ATTENDANCE POLICY FOR STUDENTS**

- UHS rules for eligibility in annual examinations.
- The minimum attendance requirement is 75 %: attendance is for lectures, clinics, CBLs, Tutorials, presentations, etc. This attendance is not simply for lectures.
- Every teaching session is essential. You are expected to have at least 75 % attendance in all subjects individually to be allowed to appear in the professional examinations.
- Lecture Attendance is marked at the start of the class. Students who come more than 10 minutes late will be marked absent.
- The attendance is entered into the spreadsheet, and no corrections will be made later than 24 hours with the principal's permission as the system is locked.

### **ASSESSMENT CRITERIA OF RASHID LATIF DENTAL COLLEGE**



## **RASHID LATIF DENTAL COLLEGE**

### **Minimum Attendance Requirement:**

As per University of Health Science set criteria Students are required to maintain at least 75 % of attendance in theory as well as practical /clinical sessions of each subject.

### **Eligibility Criteria:**

Students fail to meet the minimum attendance will not be allowed to appear for UHS exam.

### **Attendance Tracking:**

**Daily Records:** Attendance is marked daily for each subject.

**Monthly Reviews:** Attendance reports are generated and shared with students on

### **Digital Tracking:**

Campus Management System (CMS) is real time attendance monitoring of Dental College.

### **Leave Policy:**

Medical Leave: Permitted upon submission of valid medical certificate, subject to approval.

### **Attendance Policy for students appearing in supplementary exams**

- Only students who have appeared in professional examinations can appear in supplementary examinations.
- Students who were not eligible for the annual exam will not be eligible for the supplementary exam, without completing their attendance requirements.
- Those students who do not attend classes will be marked absent, may face a shortage of attendance and will be asked to repeat the year.

### **Scope:**

- These SOPs apply to all students whose admission has been withheld by the college or who are required to sit for supplementary exams.
- The academic office will officially notify students about their status, including the need to attend remedial classes.
- Attendance in remedial tests for the respective subject is mandatory to ensure readiness for the supplementary exam.



## RASHID LATIF DENTAL COLLEGE

### **ATTENDANCE REQUIREMENTS**

- Students must maintain at least **75 % attendance** in all classes for the new academic year of the following class.
- A 20-day leave will be granted following the issuance of the UHS supplementary exam date sheet to facilitate exam preparation.
- All students are required to resume regular classes immediately after completing their final practical exam, without waiting for the announcement of results.
- Attendance records will be meticulously maintained by course instructors and will undergo weekly reviews by the academic office

#### **Support and Guidance:**

- The faculty will be available during scheduled consultation hours to provide support.

#### **Time of Examination:**

In one Academic year, a total of three exams are taken place at regular period of time. Block 1, Block 2 and Block 3 at regular intervals.

#### **Pass Criteria:**

Students must gain at least 50% marks in theory and in Practical /Clinical assessment in each Block to mark as Pass.

#### **Promotion Criteria:**

Promotion to the next class will only be considered if,

- PMDC criteria have been fulfilled
- Disciplinary rules are being followed
- Required attendance in the class has been documented.
- Students who attend less than 75 % of class **will not** be allowed to appear in the examination.



## **RASHID LATIF DENTAL COLLEGE**

### **STUDENT CONDUCT RULES**

These rules apply to all students who are admitted to RLDC and include undergraduate and postgraduate students:

1. No student or group shall form a society/ association/ organization.
2. The student will invite no outsider to address any meeting at the college without seeking prior permission from the Principal of RLDC.
3. Students cannot paste posters, pamphlets, or fixed banners on the wall. Graffiti on walls (wall chalking) on the premises
4. During teaching hours, students are prohibited from roaming the premises. Staging, inciting, or participating in or abetting any walk-out, strike, or other form of agitation against students, teachers, or authorities; inciting others to violence; disrupting the peaceful atmosphere in any way is prohibited.
5. No students or groups of students shall arrange any program, Picnic, musical concert, or sports. Etc., on their own, without prior written permission from the authorities.
6. Coming late for classes. The student may be considered absent and marked accordingly.
7. Loud and aggressive behavior within college premises.
8. No student or group of students is allowed to collect money for any purpose whatsoever.
9. The college Identity Card (ID) should be displayed at all times when the students are on the premises of the college. Faculty members and security staff are authorized to check the ID—cards at any time.
10. Students are forbidden to address higher authorities directly. Any communication intended for higher authorities must be routed through the proper channel (Vice Chancellor / Principal / Dean /Director).
11. Students are expected to arrive in class well on time. All cell phones, smartphones, and other electronic devices (e.g. iPods) must be turned off. Talking and other disruptive behaviors are not permitted while classes are in session.
12. Smoking, pan chewing, littering, spitting, vaping, and other activities prejudicial to the conduct are prohibited on the college premises during and even after college hours. Any student caught with the following will be taken under the D.C. action.
13. Unless specifically permitted, no students or groups of students are allowed to enter the administrative department.
14. **POLICY ON DISCIPLINARY ACTION AGAINST THE USE OF UNFAIR MEANS**  
Zero tolerance for cheating/use of unfair means is to be maintained during Examinations. A committee will consider all the unfair means in exams, leading to a fine and D.C. action.
15. **Policy for using mobile phone during exam:** Any student caught using a mobile phone during a test or examination will have the device immediately confiscated, and the student will not be allowed to continue the exam or remain in the examination room and the device will be returned only after the parents/guardians submit a written undertaking ensuring that such misconduct will not be repeated.



## RASHID LATIF DENTAL COLLEGE

### **16. Policy regarding the use of Vape**

Any student caught using, possessing, or sharing vape devices on campus will be subject to disciplinary penalties, and a monetary fine will be levied in accordance with institutional regulations.

### **PUNCTUALITY:**

If the students miss a class, they are responsible for the missed part of the course. There will be no relaxation for absent students. Please inform your parents of this and make your travel arrangements accordingly. Avoid taking leave for personal reasons like weddings during the academic year.

### **DRESS CODE:**

All students must wear white coats on campus (With a tag with their name) and decent shoes/sandals but no slippers; in case of default, they will not be allowed to enter, and disciplinary action will be taken.